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| Meet your Counselor!Greetings Dry Creek families and students. My name is Stephanie McGrath, and I am your school social worker. I'm excited to continue supporting the Dry Creek staff and families and I'm looking forward to meeting you and supporting families and students to facilitate student learning. Please feel free to contact me via email or by phone.Dry Creek Elementary |  |  |

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| Dry Creek Elementary Parent Resource GuidePhone: (916)566-1820Address: 1230 G St Rio Linda, CA 95673Web: <https://drycreek.twinriversusd.org/> |

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| Contact UsPhone: (916)566-1820Address: 1230 G St Rio Linda, CA 95673Web: <https://drycreek.twinriversusd.org/> |

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| Table of ContentsOverview of Programs **1****Mental Health Support** **2****Housing Assistance** **3****LGBTQ+ Support** **4****Food Assistance** **5** |  |  | Food Assistance |
|  |  | Sacramento Food Bank & Family Services | Sacramento Food Bank & Family ServicesSacramento Food Bank & Family Services (SFBFS) works with over 120 partner agencies to deliver our services throughout Sacramento County.<https://www.sacramentofoodbank.org/find-food>**1951 Bell AvenueSacramento, CA, 95838**Phone: (916) 456-1980 |
| River City Food Bank | River City Food BankRiver City Food Bank alleviates hunger in Sacramento County by providing healthy, nutritious food to anyone in need.**Food Distribution Hours:** Midtown: Tuesday–Thursday: 10:30a.m.–1:30p.m. Arden Arcade: Friday-Saturday 10:30a.m.–1:30p.m.**Midtown Physical Address:** 1800 28th Street Sacramento, CA 95816 916-446-2627**Center at St. Matthew's Physical Address:** 2300 Edison Ave. Sacramento, CA 95821 |
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| LGBTQ+ SupportSacramento LGBT Community Center Logo *T**he Sacramento LGBT Community Center works to create a region where LGBTQ+ people thrive. We support the health and wellness of the most marginalized, advocate for equality and justice, and work to build a culturally rich LGBTQ+ community.*Sacramento LGBT Community Center1015 20th StreetSacramento, CA 95811☎ (916) 442-0185✉ info@saccenter.orgLavender Library [Lavender Library](https://www.lavenderlibrary.com/): The Lavender Library is an all-volunteer-run lending library, archive, and community space with LGBTQ+ books, films and more. They are a hub of learning and connection for Sacramento’s LGBTQ+ community.(916) 492-0558Crisis Resources* [Trans Lifeline](https://translifeline.org/): **(877) 565-8860**

 * [Trevor Project](https://www.thetrevorproject.org/) **(866) 488-7386** (or text START to: 678-678)
 |  |  | Overview of Programs |
|  |  |  | Mental Health SupportAccessing mental health support is crucial for parents and families navigating various challenges. In this section, we have compiled resources dedicated to mental health services. **Housing Assistance**Finding safe and affordable housing is a fundamental need for families. In this section, we have gathered resources that offer housing assistance programs and services. These organizations are dedicated to helping low-income individuals and families secure stable housing.**LGBTQ+ Support**Navigating the unique challenges faced by LGBTQ+ youth and their families requires specialized support and resources. In this section, we have compiled organizations that provide a range of LGBTQ+ support services, including counseling, support groups, and healthcare referrals. **Food Assistance**Access to nutritious food is essential for the well-being of families. In this section, we have gathered resources that offer food assistance programs and resources |
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| The Source SacramentoMental Health SupportThe Source Free 24/7 support for youth up to age 26. Support in handling life’s challenges. Help to solve problems and create a plan.Email: theSource@kidshome.orgCall: 916-787-7678 OR 916-SUPPORT**NAMI Sacramento**NAMI Sacramento is a self-supporting 501(c)(3) nonprofit organization and the Sacramento Affiliate of the National7230 S. Land Park Dr.Suite 111Sacramento, CA 95831Helpline (8 am to 4 pm, M – F):  916-890-5467 |  |  | shra header logoHousing Assistance**SHRA Housing Choice Voucher Program:**The Housing Choice Voucher (HCV) program (formerly known as Section 8) provides assistance to very low-income individuals and families to enable them to afford decent, safe, and sanitary housing in the private rental housing market.630 I StreetSacramento, CA 95814(916) 440-1390**Wind Youth Services**Wind Youth Services provides supportive services and opportunities to youth experiencing homelessness as they pursue self-determined lives of stability and independence.815 S St Sacramento, CA 95811communityrc@windyouth.org(916) 504-3313**24-Hour Shelter Line:**(916) 628-1492 |
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